



# Tell your story. Fight for

This summer, The Poor People's Human Rights Campaign is organizing people all over the United States to share their stories of living in poverty. The goal of making these stories public is to let our government know that poverty is a human rights' violation and to demand for better policies.



If you have been unfairly treated by DSHS, unjustly evicted, forced to live on the streets, denied healthcare, unable to feed yourself or your children, or denied an education -- **then your rights have been violated.**

Contact **POWER**, Parents Organizing for Welfare and Economic Rights, and share your story with one of our advocates. We will be exposing these violations at the March For Our Lives in September at the Republican National Convention, held in St. Paul, Minnesota.

**360-352-9716 or toll-free 1-866-343-9716**

And come to our August 4<sup>th</sup> POWER Outage at First United Methodist Church,  
1224 Legion Way SE,

At 5:30 for a potluck and discussion on human rights and poverty in America

# Human rights for



*From the Universal Declaration of Human Rights,*

*Adopted by the United Nations in 1948*

## **Article 19: Freedom of Expression**

“Everyone has the right to freedom of opinion and expression; this right includes freedom to hold opinions without interference and to seek, receive and impart information and ideas through any media and regardless of frontiers.”

## **Article 23: The right to jobs at a living wage and just conditions of work**

“Everyone has the right to work, to free choice of employment, to just and favorable conditions of work and to protection against unemployment. . . . Everyone who works has the right to just and favorable remuneration ensuring for himself and his family an existence worthy of human dignity, and supplemented, if necessary, by other means of social protection. . . . Everyone has the right to form and to join trade unions.”

## **Article 25: (1) The right to well-being of a person and his/her family, including food, clothing, housing, health care and necessary social services**

“Everyone has the right to a standard of living adequate for the health and well-being of himself and of his family, including food, clothing, housing and medical care and necessary social services, and the right to security in the event of unemployment, sickness, disability, widowhood, old age or other lack of livelihood in circumstances beyond his control. Motherhood and childhood are entitled to special protection.”

### The right to security in the event of unemployment:

*You must given assistance by the government whenever for whatever reason you are not getting enough income for yourself or your family to get by. In fact welfare and disability payments (and often social security) that do not pay at least more than the poverty level are violations of your rights even if you can access them. In no state has welfare payments at the federal poverty level, (frequently disability and social security payments are not) and if this is your source of income, your economic rights are being violated.*

## **Article 25 (2) Protection of mothers and children, regardless of birth status.**

*Any way in which you as a woman are denied access to needed resources, especially when you are working to raise and/or support children, is a violation.*

**Article 26: Right to education**

"Everyone has the right to education... "

You and your children have the right to all levels of education of your choice as long as you or they have the skills to be admitted regardless of availability of facilities or income.